



# CARDIO 1ST®

## CARDIOVASCULAR HEALTH

### Are you:

- A person who is concerned about their cardio health?
- Hearing about the benefits of Co-Q10 and you're interested in using it daily?

### The Problem:

Maintaining the health of the circulator system is extremely important in maintaining overall health. If the circulatory and vascular systems are not working efficiently, nutrients cannot travel throughout the blood vessels properly. Blood flow is then reduced, which adversely affects the absorption of oxygen, nutritional elements, etc. Other hereditary factors that can affect cardiovascular health include: high blood pressure, high cholesterol, smoking, high triglyceride levels, stress, excess weight and lack of exercise.

### The Solution:

Cardio 1st is an exclusive, heart-healthy formulation which contains substances which support cardiovascular health. A key ingredient in Cardio 1st is the oral chelation factor, ethylenedimine tetra-ascetic acid or EDTA (a weak amino acid), which is administered orally along with other essential nutrients. This unique combination assists in providing exceptional nutritional support and helps maintain efficient functioning of the cardiovascular system. EDTA chelation is the process whereby cholesterol, toxic substances, and mineral plaques are removed from the body. Because EDTA is so effective at removing unwanted minerals and metals from the blood, it has been the standard FDA-approved treatment for lead, mercury, aluminum, and cadmium poisoning for more than 50 years.

### The Results:

- Regular use of Cardio 1st, along with a healthy diet and exercise, can help support a healthy cardiovascular system
- Cardio 1st assists with maintaining healthy oxygen levels and blood flow, which are vital to maintaining heart muscles and blood vessels
- By helping to deliver proper nutrients to the body, Cardio 1st helps maintain the lining of the lining of artery walls, necessary for the relaxation of blood vessels.
- Cardio 1st assists with calcium and cholesterol metabolism, and removing toxic metals, mineral and drug deposits from the body, to improve overall nutritional health in the body.
- Because Cardio 1st contributes to improved blood flow in the body, oftentimes, memory and cognition can improve with regular use, especially when accompanied with a healthy diet and exercise.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Item #1805 (180 caplets)

### KEY BENEFITS:

**Supports and provides nutrients for cardiac muscles**

**Contributes to general vascular health**

**Helps replenish CoQ-10, which diminishes with age**

**Assists with removing toxic substance from the body to improve vascular health**

### S U P P L E M E N T F A C T S

Serving Size: 4 caplets  
Servings Per Container: 45

Amount Per 4 Caplets	% Daily Value
Niacin (as Nicotinic Acid, Inositol Hexaniacinate)	84 mg 420%
Vitamin B6 (as Pyridoxine HCL, Pyridoxal 5-Phosphate)	30 mg 1500%
Magnesium (as Magnesium Aspartate and Magnesium Orotate)	150 mg 38%
Selenium (as Selenium Aspartate)	75 mcg 107%
Potassium (as Potassium Aspartate and Potassium Orotate)	55 mg 2%
Silicon (from Silicon Dioxide)	35 mg *
Cardiovascular Nutritional Support Complex EDTA, Malic Acid, Garlic Bulb Extract, Bromelain, Gugulipid, Lipase, CoEnzyme Q10	1500 mg*

\*Percent Daily Value (DV) not established.

**DIRECTIONS:** (Divide caplets into 2 servings.) Take only on an empty stomach.

**FOR PERSONS UNDER 30 YEARS:** 4-6 CAPLETS A DAY

**FOR PERSONS 30-50 YEARS:** 5-7 CAPLETS A DAY

**FOR PERSONS OVER 50 YEARS:** 6-8 CAPLETS A DAY

### OTHER INGREDIENTS:

Maltodextrin, Stearic Acid, Magnesium Stearate, Glycerol Monostearate