



# LIFEGEST™

## DIGESTIVE ENZYMES

### Are you:

- Regularly experiencing digestive problems such as heartburn, acid indigestion or gas?
- Experiencing bloating and/or a stomach ache after eating?
- A person who wants to improve nutrient absorption for better health?

### The Problem:

Whether it's due to the foods we eat, genetic predisposition, or age, we frequently experience digestion issues such as gas, bloating, indigestion, etc. We may regularly suffer from stomach aches after eating, acid reflux or heartburn. This situation can worsen until we lose our appetites, knowing how uncomfortable we will be after eating. When digestion and absorption of nutrients is impaired in some way, we don't feel well. And our overall health suffers, since we must be able to receive nutrients for our bodies to daily repair themselves. Therefore, poor digestion can not only make us uncomfortable, but it can become a serious health issue.

### The Solution:

LifeGest promotes digestive functions, while supplying powerful enzymes which help the body digest protein, fat and carbohydrates for optimal nutrient utilization to support a healthy body. LifeGest is a powerful preparation of digestive enzymes that include proteases, carbohydrates and lipase work synergistically with the body's digestive system. This multi-enzyme combination has a very broad range for digesting various dietary proteins, carbohydrates, and fats. LifeGest contains *Aspergillus Oryzae* enzymes, which begin working in the upper stomach, are temporarily inactive in the lower stomach, and return to their fully active state in the intestines to complete the digestive process. With today's busy lifestyle and "on-the-go" eating habits, LifeGest offers much-needed help with digestion for overall improved nutrient absorption and better health.

### The Results:

- Digestive enzymes have been shown to improve nutritional factor absorption and actually prevent the formation of intestinal gas and bloating from certain foods.
- With improved digestion, more nutrients are absorbed in the body, thereby greatly improving our health.
- LifeGest enhances fat emulsification and helps the body digest both plant and animal foods.
- LifeGest restores digestive enzymes that may be lacking in processed and cooked foods.
- No more digestion complaints such as gas, bloating, and belching, while irregular bowel movements are eliminated.
- LifeGest supports pre-digestion activity on foods in the stomach and continues working in the small intestines.



Item #1571 (90 tablets)

### KEY BENEFITS:

**Supports healthy digestion and intestinal function.**

**Helps relieve heartburn and indigestion**

**Enhances absorption of nutrients**

**Helps relieve occasional stomach ache, acid indigestion, gas and bloating**

### S U P P L E M E N T F A C T S

**Serving Size:** 1 tablet

Amount per serving	% DV
Pancreas lipase . . . . . 80 mg . . . . . *	
Protease 60M . . . . . 30 mg . . . . . *	
Amylase 100M . . . . . 24 mg . . . . . *	
Cellulase 30M . . . . . 20 mg . . . . . *	

\*Percent Daily Value (DV) not established.

**DIRECTIONS:** Chew 1-2 tablets immediately before each meal.

LifeGest® helps digest protein, carbohydrates, fats and fiber in food.

Each concentrated, chewable tablet contains pure standardized enzyme extracts.

LifeGest® is active on either animal or vegetable foods.

Other Ingredients: Fructose, Sorbitol, Cellulose, Stearic Acid, Silica, Magnesium Stearate.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.