



Heart Smart

- Supports cardiovascular health*
- Provides oral chelation agents*
- Contains CoQ10*

#1805 - 180 caplets - \$37.95

SUPPLEMENT FACTS

Serving Size: 2 caplets
Servings Per Container: 90

Amount Per Serving	% Daily Value	
Niacin (as Inositol Hexaniacinate and as Nicotinic Acid)	42 mg	210%
Vitamin B-6 (as Pyridoxine HCL and as Pyridoxal 5-Phosphate)	15 mg	750%
Magnesium (as Magnesium Aspartate and as Magnesium Orotate)	75 mg	19%
Selenium (as Selenium Aspartate)	38 mcg	54%
Synergistic Proprietary Blend	732 mg	*
Malic Acid, EDTA, Garlic Clove Extract, Guggulipid Resin Extract, Bromelain, Lipase, CoEnzyme Q10		

*Daily Value not established.

Other Ingredients: Potassium Aspartate, Potassium Orotate, Maltodextrin, Glycerol Monostearate, Silicon Dioxide

Directions: Select the correct dosage according to your age.
Divide dosages into two servings per day.

Less than 30 years old 4 - 6 caplets a day
Between 30 and 50 years old ... 5 - 7 caplets a day
Over 50 years old 6 - 8 caplets a day

Note: For maximum results it is best to take Cardio 1st on an empty stomach, 1 hour before a meal or 2 hours after.

Keep container tightly closed and out of reach of children.

Essential **Nutrients** for the **Cardiovascular** System

Cardio 1st is an exclusive, heart-healthy formula which contains essential nutrients, amino acids, and antioxidants, that when combined with a healthy diet and exercise, can help support a healthy cardiovascular system.*

Cardio 1st also contains a proprietary blend of EDTA, or ethylenedimine tetra-ascetic acid, an oral chelation factor. EDTA has been shown to be effective in removing unwanted metals.*

Cardio 1st also contains coenzyme Q10, which has been shown to help protect the heart and skeletal muscles.*